

# Application for WEEKEND-INTENSIVE RETREAT IN-PERSON with Peggy O'Neill



\*Download, then enter your answers directly into this PDF, it will autosave every 5 min.

## LOGISTICS

What is the name people call you/your **First Name**? \_\_\_\_\_

And your **Last Name**? \_\_\_\_\_

What about your **Email Address**? \_\_\_\_\_

Your **Telephone Number**? \_\_\_\_\_

## VALUES and INTENTIONS *In your one-on-one weekend intensive with me:*

Why would you like to work with me?

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What would you most like to focus on?

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What would you most like to get out of our time together?

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What would you most like to transform?

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## ABOUT YOU

What are you passionate about?

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**HEALTHY-BRAG OPPORTUNITY:** .....

What do you love about yourself?

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In what ways are you an epic badass?

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What are your biggest challenges, currently?

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What victories or wins have you celebrated recently? (or *could* have celebrated?)

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What self and/or spiritual development work have you already done? And for how long?

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Which of the following techniques or practices are you most interested in me using in our work together?

Body-Centered Somatic Therapy

Spiritual Guidance

Trauma Resolution with Faster EFT™ Tapping

Breathwork

Life-Coaching

Meditation

Which of these techniques and practices have you already worked with? And for how long?

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What book, teacher or e-learning program most inspired you to continue with your personal and spiritual development?

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## ADDITIONAL PLEASANTRIES

In addition to the work we do together while you're here, you will receive some bodywork and/or energy healing from a licensed practitioner. We'll spend some time in nature— walking in the woods, hills or at the beach. You'll have reflection time— for writing in your journal, and/or creating contemplative art pieces. We will also enjoy highly nutritious and delicious meals together.

## LOCATION

Ojai, CA. — You will travel to Ojai, where we will work together in-person at my home. During the weekend, you can either stay on-site in my guest quarters or at a nearby hotel.

## COST

- ★ Our weekend together will start on Friday afternoon/evening and go through Sunday afternoon/evening.
- ★ My fee is \$4950. Your travel expenses will be additional, as well as any hotel costs you may incur.
- ★ To reserve a weekend with me requires a down payment of \$2000. The rest is due upon arrival.

## TIMING

Please specify 3 weekends that would work for you to get together in the next few months:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## AGREEMENT

Are you in agreement to sign a form of confidentiality and a disclaimer? (*We'll take care of that when you arrive.*)

**YES**      **NO**

## ANYTHING ELSE?

*Is there anything else you would like me to know at this time?*

*Also, feel free to use this space if needed for longer answers from the questions above.*

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When complete- Email to [Peggy@PeggySpeaks.com](mailto:Peggy@PeggySpeaks.com)  
with the Subject: *Weekend Intensive Application*